

# Condition Management Programs for Your Health

## *Are you living with a chronic condition?*

Take better control of your health and well-being with the AchieveHealth® Condition Management program. The program is:

- **Free for eligible members**
- **Voluntary**
- **Confidential**

**AchieveHealth®**

## Program Features

With **AchieveHealth**, you'll receive on-going:

- ✓ One-to-one nursing support with a dedicated nurse
- ✓ Telephonic coaching
- ✓ Interactive online tools and educational materials

**Support is available for the following conditions:**

- Asthma
- Coronary Artery Disease
- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure
- Diabetes

## Personalized Support

### **Individualized Approach**

Your nurse will help you to:

- Develop a personalized self-management care plan
- Stay informed with the most current information about your condition

### **Coordinated Care**

You can choose to:

- Have your nurse follow-up with your doctors directly
- or*
- Receive information and recommendations from your nurse on what to discuss at your next visit – it's up to you!

*Better manage your condition and improve your quality of life.*



For more information or to enroll, contact HPI at  
866-325-1550 (M-F, 8am-5pm, EST)

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