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*It's only been a few sessions,
and my child is already starting
to recognize when their anxious
thoughts might be 'false alarms.'*

– Brightline parent



Get virtual behavioral health support for **your family**

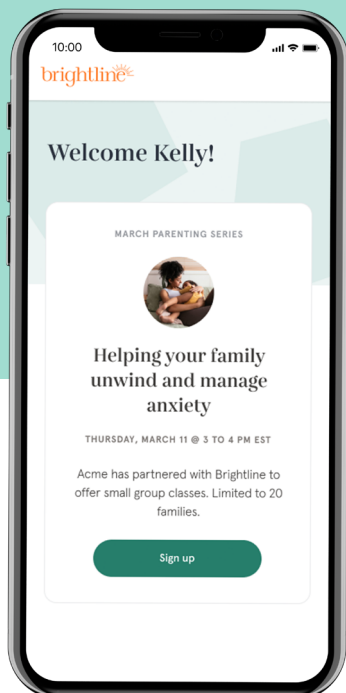
Brightline's services — what's covered:

START HERE

Connect+

On-the-go access to personalized content, group classes, interactive exercises, and chat with coaches for tips and guidance

Available nationwide



GET SUPPORT WHEN YOU NEED IT

Coaching

Programs to help tackle everyday common challenges with expert behavioral health coaches in as few as four sessions

Available nationwide



Care

Personalized behavior therapy, speech therapy, and medication evaluation & support from licensed Brightline clinicians

Available nationwide

GET STARTED AT

hellobrightline.com/benefits

Questions? Get in touch with Brightline Member Support
888-224-7332 **care@hellobrightline.com**

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