

Narcan



What is Narcan?

Naloxone is a medicine that rapidly reverses an opioid overdose. This has no effect on someone who does not have opioids in their system, and it is not a treatment for opioid use disorder. There are different ways to administer Narcan.

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| <p>A</p>  <p>MULTI-STEP NASAL SPRAY DIRECTIONS: Spray 1 mL (half of the syringe) into each nostril. NO BRAND NAME/GENERIC COST: \$-\$\$</p> | <p>B</p>  <p>SINGLE-STEP NASAL SPRAY DIRECTIONS: Spray full dose into one nostril. BRAND NAME: Narcan COST: \$\$\$</p> | <p>C</p>  <p>INTRAMUSCULAR INJECTION DIRECTIONS: Inject 1 mL in shoulder or thigh. NO BRAND NAME/GENERIC COST: \$-\$\$</p> | <p>D</p>  <p>AUTO-INJECTOR DIRECTIONS: Use as directed by voice-prompt. Press black side firmly on outer thigh. BRAND NAME: Evzio COST: \$\$\$\$</p> |
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When can you use it?

Naloxone should be given to any person who shows signs of an opioid overdose or when an overdose is suspected. It can be given as a nasal spray or it can be injected into the muscle, under the skin, or into the veins.



Where can you obtain it?

Naloxone rescue kits are available at many pharmacies across the state, with or without prescription.

Since there are a few different types of naloxone, make sure to tell the pharmacist which formulation you prefer.

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How to respond to an overdose

1



Check for signs of an overdose

Slowed or stopped breathing, Gurgling, or snoring sounds while breathing. Blue-gray lips and fingertips. Not reacting when you rub your knuckles on their chest

2



Call 911

Say "someone isn't breathing" and/or, "I think it's an overdose"

3



Give Naloxone

Place tip into one nostril of person's nose. Push pump to release the entire dose. If no response, keep giving doses every 3 minutes, changing nostrils each time

4



Give rescue breaths/CPR

Make sure mouth is clear. Tilt head back, lift chin, pinch nose. Give 1 breath every 5 seconds. Make sure chest rises and falls with each breath

5

Stay until help arrives



Tips on Getting Naloxone from a Pharmacy

*[https://www.mass.gov/service-details/
getting-naloxone-from-a-pharmacy](https://www.mass.gov/service-details/getting-naloxone-from-a-pharmacy)*

CDC Facts

<https://www.cdc.gov/stopoverdose/naloxone>

Overdose and Education Prevention Network

<https://odprevention.org/naloxone-resources/>

Massachusetts Naloxone Standing Order

*[https://www.mass.gov/doc/policy-2018-04-naloxone-
dispensing-via-standing-order/](https://www.mass.gov/doc/policy-2018-04-naloxone-dispensing-via-standing-order/)*