

# Complex Chronic Condition Management

## *Programs for Your Health*

The AchieveHealth® Complex Condition Management program gives you access to a dedicated nurse who specializes in specific chronic conditions. With personal one-to-one support you'll gain the knowledge and skills you need to help you self-manage your condition and feel as good as possible.

The program is:

- **Free for eligible members**
- **Voluntary**
- **Confidential**

## Program Features

- Access to a Registered Nurse who specializes in your condition
- One-to-one support to help you achieve your health goals
- Newsletters, articles and educational information related to your condition
- Notification and advice on new information you may want to discuss with your doctor

## Tips, Tools & Support

- Discuss your potential health risks and concerns
- Develop ways to stay motivated and on track with your medications and treatments
- Access resources in your area to support you in managing your condition

## **AchieveHealth®**

### **Assistance managing the following conditions:**

- Amyotrophic Lateral Sclerosis (ALS)
- Chronic Inflammatory
- Demyelinating
- Polyradiculoneuropathy (CIDP)
- Crohn's Disease
- Cystic Fibrosis (CF)
- Dermatomyositis
- Gaucher Disease
- Hemophilia
- Hepatitis C
- HIV/AIDS
- Multiple Sclerosis (MS)
- Myasthenia Gravis (MG)
- Parkinson's Disease (PD)
- Polymyositis
- Rheumatoid Arthritis (RA)
- Scleroderma
- Sickle Cell Disease (SCD)
- Systemic Lupus Erythematosus
- (SLE or Lupus)
- Ulcerative Colitis



**For more information or to enroll, contact HPI at 866-325-1550 (M-F, 8am-5pm, EST)**

